

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>**Water is served at all meals. ** Milk is served with Breakfast & Lunch **We are a pork-free & nut-free facility. ** Vegetarian options are provided. **Substitution provided for toddlers</i></p>			
3	4	5	6	7
<p>Breakfast: Choice of Whole Grain Cereal and Fresh Fruit Lunch: Baked Whole Grain Spaghetti with turkey, tomato sauce and Fresh Fruit P.M. Snack: Nacho and Cheese</p>	<p>Breakfast: Oat meal and Fresh Fruit Lunch: Cheese, Turkey tortilla roll up, Steamed Green Beans and Fresh Fruit P.M. Snack: Banana and muffin</p>	<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Mac & Cheese, Seasoned Carrots and Fresh Fruit P.M. Snack: Animal cracker and Juice</p>	<p>Breakfast: Whole Grain Waffles with warm Maple Syrup and Fresh Fruit Lunch: Fish sticks, Corn and Seasonal Fresh Fruit P.M. Snack: Cheese and cracker</p>	<p>Breakfast: Choice of Cereal Buffet and Fresh Fruit Lunch: Cheese Pizza, Spinach and Fresh Fruit P.M. Snack: Fresh Baked Chocolate Chip Cookies and Juice</p>
10	11	12	13	14
<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Mac & Cheese, Seasoned Broccoli and Fresh Fruit P.M. Snack: Animal Cracker and Raisin</p>	<p>Breakfast: Whole Grain Pancake with warm Maple Syrup and Fresh Fruit Lunch: Baked Chicken Bites with dipping sauce, Seasoned Corn and Fresh Fruit P.M. Snack: Sliced Cheese and Crackers</p>	<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Baked Whole Grain Penne pasta with ground turkey, Carrots and Fresh Fruit P.M. Snack: Vanilla wafer and Banana</p>	<p>Breakfast: Oat meal and Fresh Fruit Lunch: Breakfast burrito with eggs , Steamed corn and Fresh Fruit P.M. Snack: Apple Sauce and Crackers</p>	<p>Breakfast: Choice of Cereal Buffet and Fresh Fruit Lunch: Cheese Pizza, Spinach and Fresh Fruit P.M. Snack: Fresh Baked Chocolate Chip Cookies and Juice</p>
17	18	19	20	21
<p>Breakfast: Choice of Whole Grain Cereal and Fresh Fruit Lunch: Baked Whole Grain Spaghetti with turkey, tomato sauce and Fresh Fruit P.M. Snack: Nacho and Cheese</p>	<p>Breakfast: Oat meal and Fresh Fruit Lunch: Cheese, Turkey tortilla roll up, Steamed Green Beans and Fresh Fruit P.M. Snack: Banana and muffin</p>	<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Mac & Cheese, Seasoned Carrots and Fresh Fruit P.M. Snack: Animal cracker and Juice</p>	<p>Breakfast: Whole Grain Waffles with warm Maple Syrup and Fresh Fruit Lunch: Fish sticks, Corn and Seasonal Fresh Fruit P.M. Snack: Cheese and cracker</p>	<p>Breakfast: Choice of Cereal Buffet and Fresh Fruit Lunch: Cheese Pizza, Spinach and Fresh Fruit P.M. Snack: Fresh Baked Chocolate Chip Cookies and Juice</p>
24	25	26	27	28
<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Mac & Cheese, Seasoned Broccoli and Fresh Fruit P.M. Snack: Animal Cracker and Raisin</p>	<p>Breakfast: Whole Grain Pancake with warm Maple Syrup and Fresh Fruit Lunch: Baked Chicken Bites with dipping sauce, Seasoned Corn and Fresh Fruit P.M. Snack: Sliced Cheese and Crackers</p>	<p>Breakfast: Choice of Whole Grain Cereal and Seasonal Fresh Fruit Lunch: Baked Whole Grain Penne pasta with ground turkey, Carrots and Fresh Fruit P.M. Snack: Vanilla wafer and Banana</p>	<p>Breakfast: Oat meal and Fresh Fruit Lunch: Breakfast burrito with eggs , Steamed corn and Fresh Fruit P.M. Snack: Apple Sauce and Crackers</p>	<p>Breakfast: Choice of Cereal Buffet and Fresh Fruit Lunch: Cheese Pizza, Spinach and Fresh Fruit P.M. Snack: Fresh Baked Chocolate Chip Cookies and Juice</p>